## TRACK AND FIELD

1. There will be six divisions: A Boys; B Boys; C Boys 8th Girls; 7th Girls; C Girls

- 2. Each school must assign another school to weigh and measure their athletes for their appropriate team placement. The recording school's coach will send the original copy of the roster to the Track and Field Commissioner by the established date.
- 3. All Boys are classified as an A ,B or C. A Boys do not need to be measured. B & C boys must have the appropriate exponent value to classify them as a B or C (See spring exponent sheet for classification).
- 4. All girls are classified as an 8<sup>th</sup> grader, 7<sup>th</sup> grader or C. 8<sup>th</sup> and 7<sup>th</sup> grade girls are required to compete at their grade level unless their height designates them to the C division. 6<sup>th</sup> Grade girls are required to compete at the 7<sup>th</sup> grade level unless their height designates them to the C division. The C division is defined as a student at 60" or shorter without their shoes on. After a student completes their 6<sup>th</sup> grade year, they are required to participate at their grade level unless their height designates them to the C Division. 7<sup>th</sup> & 8<sup>th</sup> grade girls that measure 60" or below can be designated as a C or at their 7<sup>th</sup> or 8<sup>th</sup> grade level.
- 5. An athlete may participate in any four (4) events. Relays count as an event.

Track division order MUST be: C Girls, 7<sup>th</sup> Girls, 8<sup>th</sup> Girls, C Boys, B Boys, A Boys for all trials, division and section finals. Regular season meets are determined by the host school.

Track event order MUST be: 1600, 65H, 4x1, 800, 100, 4x4 for all trials, division and section finals. Regular season meets are determined by the host school.

<u>Field events include:</u> Long Jump (athletes get 3 attempts)

Triple Jump (athletes get 3 attempts)

Shot Put ("A" division boys use 8lb shot; all others use 6lb)

Discus (1 kilogram discus for all divisions)

High Jump (athletes get 3 attempts at each height cleared)

## Starting Height for HJ Regular Season and Division & Section Finals

C Girls: 3' 4". 3' 6" C Boys: 3' 10" 4' 7<sup>th</sup> Girls: 3' 6". 3' 8" B Boys: 4' 4' 2" 4' 4" A Boys: 4' 2" 4' 4"

6. League Divisions are based on the number of schools that commit to Track and the numbers of divisions are established at the 1<sup>st</sup> meeting after the New Year.

Currently 2 Divisions would be NORTH & SOUTH

7. All Track and Field Division and Section Finals MUST be electronically timed.

## **QUALIFYING ATHLETES**

For all DIVISION FINALS, regardless of the number of DIVISIONS: the following athletes qualify for the Division Finals. Top 16 athletes are seeded for each division from regular season times/marks for the following entries: Each school submits the following to the Division meet timer to be seeded as a potential participant for the Division Finals 16 spots: Up to 4 sprinters (100 and 65H), 4 in distance (1600 & 800), up to 4 in field events and 1 relay (4x1 and 4x4) max per school when entering athletes for the Division Finals.

The following athletes will qualify for the Section Meet from the Division Finals if there are  $\underline{2}$  <u>DIVISIONS of LEAGUE SCHOOLS</u> (NORTH & SOUTH)

- Top 4 Athletes for 100, 65H for every Division of C,7th,8th and C,B,A
- Top 6 Athletes for 1600, 800 & FIELD EVENTS for every Division of C,7th,8th and C,B,A
- Top 4 Relay teams for every Division of C,7th,8th and C,B,A

The following athletes will qualify for the Section Meet from the Division Finals if there are  $\underline{3}$  <u>DIVISIONS of LEAGUE SCHOOLS</u>: (NORTH, SOUTH, CENTRAL)

- Top 5 Athletes from each EVENT for every Division of C, 7th,8th and C, B,A
- Top 2 Relay Teams for every Division of C,7<sup>th</sup>,8<sup>th</sup> and C,B,A and next 2 fastest overall