

ARTICLE II – GENERAL RULINGS

1. PRACTICE & TRYOUTS

- A. “Organized Practice” or “Tryouts” is defined as a practice which is attended by the players and a coach, and at which the coach directs, instructs and drills the player and/or the whole team.
- B. The “Organized Practice” or “Tryout” date is set for each sport/season at the final Athletic Directors’ Council meeting of the year.
- C. League Schools cannot begin “Organized Practice” or “Tryouts” until the date set by the League Scheduler.
- D. Any school found not in compliance with the “Organized Practice” date established by the league will not be eligible for playoffs or post season competition in the same season it occurred.

2. SPORT SCHEDULES & STANDINGS

- A. The League “Scheduler” will establish a date for scheduling each sport(s) schedule at the start of each school year.
- B. All Athletic Directors must confirm all scheduled league games at www.eastsideal.org and notify the league webmaster and other school if any changes need to be made.
- C. Each Division will schedule during their allotted time (about 30 min) at the scheduling meeting. After you have completed your division schedule, practice games can be added with non-division schools.
- D. Each year the game should be hosted by the school that did not host in the previous year (if possible).
- E. Each school AD or Coach is responsible for reporting Division scores through teamsideline within 24 hours.

3. GENDER POLICY

Students have the opportunity to participate in league activities in a manner that is consistent with their gender identity, irrespective of the gender listed on a student’s records. The student and/or the student’s school may seek review of the student’s eligibility for participation in interscholastic athletics in a gender that does not match the gender assigned to him or her at birth.