

Track Exponent Sheet

Age as April 1, 2027

Year	1	2	3	4	5	6	7	8	9	10	11	12
2011					15-11	15-10	15-9	15-8	15-7	15-6	15-5	15-4
					32	32	32	31	31	31	31	31
2012	15-3	15-2	15-1	15-0	14-11	14-10	14-9	14-8	14-7	14-6	14-5	14-4
	31	30	30	30	30	30	30	29	29	29	29	29
2013	14-3	14-2	14-1	14-0	13-11	13-10	13-9	13-8	13-7	13-6	13-5	13-4
	29	28	28	28	28	28	28	27	27	27	27	27
2014	13-3	13-2	13-1	13-0	12-11	12-10	12-9	12-8	12-7	12-6	12-5	12-4
	27	26	26	26	26	26	26	25	25	25	25	25
2015	12-3	12-2	12-1	12-0	11-11	11-10	11-9	11-8	11-7	11-6	11-5	11-4
	25	24	24	24	24	24	24	23	23	23	23	23

Height Chart

Inches	Points
47 - under ----	22
47.5 - 49 ----	23
49.5 - 51.5 ----	24
52 - 53.5 ----	25
54 - 55.5 ----	26
56 - 57.5 ----	27
58 - 59.5 ----	28
60 - 62 ----	29
62.5 - 64 ----	30
64.5 - 66 ----	31
66.5 - 68 ----	32
68.5 - 70.5 ----	33
71 - 72.5 ----	34
73 - 74.5 ----	35
75 -Up ----	36

Weight Chart

Weight	Points
Under-59 ----	9
60 - 65 ----	10
66 - 71 ----	11
72 - 78 ----	12
79 - 84 ----	13
85 - 90 ----	14
91 - 96 ----	15
97 - 103 ----	16
104 - 109 ----	17
110 - 115 ----	18
116 - 121 ----	19
122 - 128 ----	20
129 - 134 ----	21
135 - 140 ----	22
141 - 146 ----	23
147 - 153 ----	24
154 - 159 ----	25
160 - 165 ----	26
166 - 171 ----	27
172 - 178 ----	28
179 - 184 ----	29
185 - 190 ----	30
191 - Up ----	31

A boy must have attained the listed height and weight before the exponent value changes

- "A" Team = 77+ points
- "B" Team = 76 – 72 points
- "C" Team = 71 and below
- "C" girls are 5'0" and below.